

# Abseil down the Spinnaker Tower

## for One Medicine



Sign up  
for the  
abseil



**Saturday 16 May 2026**  
Gunwharf Quay, Portsmouth

### Inspired by veterinary care. Powered by One Medicine.

When Annie's Golden Retriever, Brinkley, faced cancer, the care he received sparked an extraordinary idea: she would **abseil the 100-metre Spinnaker Tower** to support Humanimal Trust's One Medicine mission. Because when humans and animals advance together, everyone benefits. That's the heart of **One Medicine**.

Take part in the **Spinnaker Tower abseil** and help fund vital medical research that benefits **all species**—without harming an animal's life.

**Not a thrill-seeker?** You can still make a difference by donating or spreading the word among family, friends and on social media.

**Together, we can make a difference.**

In support of

humanimal  
trust

ONE Medicine, caring for humans and animals