

In support of

  
**humanimal**  
**trust**  
ONE Medicine, caring for humans and animals



**I'm abseiling for**  
**One Medicine**

**Please support my fundraising for  
Humanimal Trust, helping people and  
animals to benefit equally from medical progress.**

**WHO:**

**WHAT:** I will be abseiling 100-metres down the iconic  
Spinnaker Tower in Portsmouth

**WHEN:** Saturday 16 May 2026

**DONATE AT:**

**Together, we can make a difference.** Every donation helps Humanimal Trust bring human and veterinary medicine together - speeding up medical progress so both people and animals benefit, but not at the expense of an animal's life.



**Join me and sign up for  
the abseil**



Registered charity numbers:  
1156927 & SC048960

